



Chocolate Berry

FINALLY A TRULY HEALTHY OPTION

Nutrition Facts	Amount Per Serving	% Daily Values*
	(100% USDA Certified Organic)	Total Fat 9g
Serving Size 1 Bar (42g)	Saturated Fat 2g	10%
Calories 190	Trans Fat 0g	
Calories from Fat 99	Sodium 31mg	2%
	Total Carbohydrate 20g	6%
	Dietary Fiber 4g	13%
	Sugars 12g	
	Protein 5g	16%

*Percent Daily Values are based on a 2,000 calorie diet.

Busy moms are constantly forced to make tough decisions on their children's nutrition. Whether it's a quick breakfast on the way to school, a snack between games or a bite between events, our busy lives have created a culture of compromise when it comes to food choices for our kids. Well, not anymore. IDLife Kids Bar combines 100% Certified Organic Superfoods with unbelievable taste. The result is a no-compromise choice for moms that their children will love.

100% USDA Certified Organic Ingredients: Almonds*, Honey*, Oats*, Coconut*, Pumpkin Seed*, Flax Seed*, Blueberry*, Cocoa*, Coconut Sugar*, Brown Rice*, Apple*, Banana*, Cocoa Butter*, Coconut Oil*, Raspberry*, Quinoa*, Cinnamon*, Vanilla Bean*, Kosher Salt**.

Contains: Almonds*, Coconuts*

Non-GMO Verified Project, Non-Dairy, Certified Gluten Free, Soy Free, Kosher.

* 100% USDA Certified Organic

** Salt is a mineral.



HYDRATE

PRODUCT INFORMATION



Replenish | Restore | Recover

Supplement Facts		
Serving Size 1 Scoop (3.7 grams)		
Servings Per Container 60		
	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	1%*
Vitamin C (as ascorbic acid)	100 mg	167%*
Thiamin (as thiamin hydrochloride)	1.2 mg	80%*
Riboflavin (as riboflavin)	1.2 mg	71%*
Calcium (as calcium citrate)	100 mg	10%*
Magnesium (as magnesium oxide)	100 mg	25%*
Chromium (as TRAACS® chromium nicotinate glycinate chelate)	60 mcg	50%*
Sodium (as sodium chloride)	100 mg	4%*
Potassium (as potassium citrate)	100 mg	3%*
Coconut Water Powder	150 mg	**
Taurine	100 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

OTHER INGREDIENTS:
Citric Acid, Natural Flavor, Maltodextrin, Malic Acid, Stevia, Silicon Dioxide.

With an estimated 75% of Americans dehydrated on a daily basis, contributing to countless physical ailments, proper hydration has never been more important. IDLife Hydrate delivers a carefully researched and designed formula of vital electrolytes, antioxidants, minerals and vitamins to assist in supporting cardiovascular health and providing nutrition for the body's muscular and nervous systems.* Hydrate comes in two natural flavors: fruit punch and mango passion.

NATURAL FRUIT FLAVOR

Directions: Blend, shake or stir contents of one scoop into 10 - 12 oz of water or beverage of your choice.





PRODUCT INFORMATION



Superior Nutrition For Your Super Heroes

Supplement Facts

Serving Size: 2 Chewable Tablets
Servings Per Container: 30

Amount Per Serving		% Daily Value	
		2 & 3 Yrs ¹	4+ Yrs ¹
Vitamin A (as natural beta-carotene and retinyl palmitate)	2500 IU	100%	50%
Vitamin C (ascorbic acid)	100 mg	250%	167%
Vitamin D3 (cholecalciferol)	500 IU	125%	125%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	15 IU	150%	50%
Vitamin K1 (phytonadione)	25 mcg	0	31%
Thiamin (as thiamine hydrochloride)	1.4 mg	200%	83%
Riboflavin (as riboflavin 5-phosphate sodium)	1.6 mg	200%	94%
Niacin (as niacinamide and niacin)	20 mg	222%	100%
Vitamin B6 (as pyridoxine HCl)	1.4 mg	200%	70%
Folate (as Quatrefolic [®] (6S)-5-Methyltetrahydrofolic acid, Glucosamine Salt, and folic acid calcium salt)	200 mcg	100%	50%
Vitamin B12 (as methylcobalamin)	6 mcg	200%	100%
Biotin	75 mcg	50%	25%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	200%	100%
Calcium (as calcium citrate malate)	25 mg	3%	3%
Iodine (from Laminaria digitata) (stem and leaf)	60 mcg	86%	40%
Magnesium (as magnesium citrate)	25 mg	13%	6%
Zinc (as TRAACS zinc bisglycinate chelate)	2 mg	25%	13%
Selenium (as L-Selenomethionine)	25 mcg	0	36%
Copper (as copper gluconate)	0.1 mg	10%	5%
Manganese (as TRAACS manganese bisglycinate chelate)	0.25 mg	0	13%
Potassium (as tripotassium citrate monohydrate)	12 mg	0	<1%
Myo-Inositol	12 mg	0	0
Choline (as choline bitartrate)	8.88 mg	0	0
Marigold Extract (Tagetes erecta) (flower) (45% trans-lutein, 90% lutein esters, 48% total carotenoids, 2% zeaxanthin)	5 mg	0	0

¹Percent Daily Values are Based on a 2,000 Calorie Diet.
⁰Daily Value Not Established.

Other Ingredients: Xylitol, Microcrystalline Cellulose, Stearic Acid, Natural Flavors, Red Beet Powder, Silica, Citric Acid Anhydrous, Magnesium Stearate, Malic Acid, Monk Fruit Extract and Stevia Leaf Extract.
Quatrefolic is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.
TRAACS is a registered trademark of Albion Laboratories, Inc.

Kids, like adults, are deficient in certain vitamins and minerals due to a number of contributing factors. To address these nutritional gaps, IDLife has developed a fun and great tasting chewable packed with 24 vitamins and minerals designed just for kids.

MIXED BERRY FLAVORED DIETARY SUPPLEMENT

Directions: Under adult supervision, product should be fully chewed or crushed. Children 2 & 3 years of age - Chew 1 tablet daily. Adults and children 4 years of age and older - Chew 2 tablets daily.





PRODUCT INFORMATION



I Like to Shake It!

Supplement Facts

Serving Size: 1 Scoop (22 g)
Servings Per Container: 30

	Amount Per Serving	% Daily Value*
Calories	80	
Calories from Fat	5	
Total Fat	0.5 g	1%*
Cholesterol	15 mg	5%
Total Carbohydrate	6 g	2%*
Sugars	5 g	**
Protein	12 g	
Calcium	54 mg	5%
Sodium	35 mg	1%
Omega 3 Fatty Acid	88 mg	**
Omega 6 Fatty Acid	29 mg	**
Omega 9 Fatty Acid	10 mg	**

*Percent Daily Values are Based on a 2,000 Calorie Diet.
**Daily Value Not Established.

INGREDIENTS: Cross-Flow/Cold-Processed Ion Exchanged Proprietary Blend (Whey Protein Isoate, Whey Protein Concentrate, Whey Peptides), Dextrose, Natural Flavors, Micro-Milled Chia Seed Powder, Xanthan Gum, Stevia Leaf Extract.

We all know that kids have different needs from grown-ups. Kids need smaller shoes, perhaps a blanket for safety and sometimes even special spray to fight the monsters in the closet. Kids Shake was specifically developed to be the kid-friendly version of our original Shake for the youngest members of our family.

We've included 12 grams of cold-filtered whey protein from hormone-free grass fed cows and micro-milled chia seeds that delivers a great tasting and nutritious alternative that both parents and kids will love. Sweetened with natural stevia, this delicious vanilla shake will have your kids convinced they're having dessert first.

VANILLA FLAVORED DIETARY SUPPLEMENT

Directions: Add one scoop of Kids Shake to 6-8 ounces of cold water, milk or other beverage of your choice and mix thoroughly until blended. Wait 2-3 minutes after mixing before consumption to allow the chia seeds to activate their interfusion process with the proteins and fluid.

